

Gulf South Conference Indoor T&F Championships 2022
CrossPlex, Birmingham, AL - 2/15/2022 to 2/16/2022

Results

Women 60 Meter Dash

Top 2 in Heat + Next 2 on Time advance to Finals

GSC Indoor R: 7.65 M 2/19/2020 Chelsea Walker
CrossPlex: 7.07 C 3/3/2012 Gloria Asumnu

Name	Yr	School	Prelims
1	Kristen Blevins	JR Lee (Tenn.)	M 7.58Q
2	Baylie Murphy	FR Lee (Tenn.)	7.76Q
3	Mia Culpepper	SO West Georgia	7.80Q
4	Kyleeyah Whitehead	JR Lee (Tenn.)	7.69Q
5	Kira Montefusco	SO West Georgia	7.78Q
6	Kelechi Christian	FR Mississippi	7.80Q
7	Hannah Dunston	JR West Georgia	7.76q
8	Ezra McCaw	SR Mississippi	7.78q
9	Zakiria Holifield	SO Alabama-Hunt	7.80
10	Janay Ryan	FR Lee (Tenn.)	7.81
11	Madison Rose	FR Shorter	7.86
12	Kendall King	FR Christian Br	7.91
13	Kylie Carroll	FR Montevallo	7.91
14	Jaila Whitaker	SO Lee (Tenn.)	7.91
15	Dasani Minter	FR West Georgia	8.05
16	Erien Jones	FR Shorter	8.22
17	Treneece Grimes	FR Shorter	8.28

Women 60 Meter Dash

Top 2 in Heat + Next 2 on Time advance to Finals

GSC Indoor R: 7.65 M 2/19/2020 Chelsea Walker
CrossPlex: 7.07 C 3/3/2012 Gloria Asumnu

Name	Yr	School	Finals
1	Kristen Blevins	JR Lee (Tenn.)	7.55M 10
2	Kyleeyah Whitehead	JR Lee (Tenn.)	7.69 8
3	Baylie Murphy	FR Lee (Tenn.)	7.79 6
4	Kelechi Christian	FR Mississippi	7.79 5
5	Hannah Dunston	JR West Georgia	7.80 4
6	Mia Culpepper	SO West Georgia	7.82 3
7	Kira Montefusco	SO West Georgia	7.83 2
8	Ezra McCaw	SR Mississippi	7.89 1

Women 200 Meter Dash

Heat Winner + Next 2 on Time advance to Finals

Two Heat Final

GSC Indoor R: 24.21 M 2/19/2020 Chelsea Walker
CrossPlex: 22.47 C 3/12/2016 Felicia Brown

Name	Yr	School	Prelims
1	Kristen Blevins	JR Lee (Tenn.)	25.08Q
2	Zakiria Holifield	SO Alabama-Hunt	25.09Q
3	Hannah Wright	FR Lee (Tenn.)	25.14Q
4	Ezra McCaw	SR Mississippi	25.20Q
5	Kelechi Christian	FR Mississippi	25.37Q
6	Carissa Hall	FR Lee (Tenn.)	25.52Q
7	Kendall King	FR Christian Br	25.85q
8	Oriana Gee	FR Christian Br	25.86q
9	Hannah Dunston	JR West Georgia	25.94

10	Mia Culpepper	SO West Georgia	26.01
11	Baylie Murphy	FR Lee (Tenn.)	26.03
12	Madison Rose	FR Shorter	26.09
13	Talia Pfiefer	FR Christian Br	26.13
14	Jaila Whitaker	SO Lee (Tenn.)	26.16
15	Kira Montefusco	SO West Georgia	26.24
16	Chelsie Burnett	JR Alabama-Hunt	26.51
17	Dasani Minter	FR West Georgia	26.56
18	Treneece Grimes	FR Shorter	27.17
19	Erien Jones	FR Shorter	27.27

Women 200 Meter Dash

Heat Winner + Next 2 on Time advance to Finals

Two Heat Final

GSC Indoor R: 24.21 M 2/19/2020 Chelsea Walker
CrossPlex: 22.47 C 3/12/2016 Felicia Brown

Name	Yr	School	Finals
1	Kristen Blevins	JR Lee (Tenn.)	24.62 10
2	Ezra McCaw	SR Mississippi	24.92 8
3	Hannah Wright	FR Lee (Tenn.)	24.96 6
4	Kelechi Christian	FR Mississippi	25.24 5
5	Zakiria Holifield	SO Alabama-Hunt	25.30 4
6	Carissa Hall	FR Lee (Tenn.)	26.07 3
7	Kendall King	FR Christian Br	26.07 2
8	Oriana Gee	FR Christian Br	26.14 1

Women 400 Meter Dash

Final on Time

GSC Indoor R: 56.01 M 2/19/2020 Amber Littlejohn
CrossPlex: 50.69 C 3/12/2016 Courtney Okolo

Name	Yr	School	Finals
1	Mikayla Beeler	SR Lee (Tenn.)	56.95 10
2	Ezra McCaw	SR Mississippi	57.70 8
3	Oriana Gee	FR Christian Br	57.85 6
4	Ereyonna Gore	SO Mississippi	57.93 5
5	Janay Ryan	FR Lee (Tenn.)	57.95 4
6	Talia Pfiefer	FR Christian Br	58.13 3
7	Carissa Hall	FR Lee (Tenn.)	58.55 2
8	Pauline Wilson	FR Christian Br	1:00.75 1
9	Paishence Collier	JR West Georgia	1:00.84
10	Nikki Mata	JR Alabama-Hunt	1:00.87
11	Chelsie Burnett	JR Alabama-Hunt	1:02.63
12	Amani Achampong	FR West Georgia	1:02.97
13	Madlyn Mayo	FR Lee (Tenn.)	1:05.77
---	Meghan Daniels	JR West Georgia	DNF
---	Shamiya Perry	FR West Georgia	DQ

Women 800 Meter Run

2-alley start; 2-turn stagger

GSC Indoor R: 2:11.27 M 2/19/2020 Serenity Andrus
CrossPlex: 2:03.13 C 3/11/2016 Raevyn Rogers

Name	Yr	School	Finals
1	Celine Ritter	SR Lee (Tenn.)	2:13.89 10

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Finals ... (Women 800 Meter Run)

Name	Yr	School	Finals
2 Jazmin Hernandez	JR	Mississippi	2:16.20 8
3 Liza Kellerman	SO	Lee (Tenn.)	2:16.50 6
4 Aria Hawkins	FR	Lee (Tenn.)	2:18.08 5
5 Lily Hare	FR	Lee (Tenn.)	2:18.96 4
6 Emma Langley	SO	Mississippi	2:19.22 3
7 Leslie Baxter	SO	Mississippi	2:19.43 2
8 Erin Cannon	JR	Alabama-Hunt	2:20.75 1
9 Sylvia Cortes	JR	Alabama-Hunt	2:23.76
10 Sarah Delgado	SO	Christian Br	2:26.42
11 Joycelyn Tifera	FR	West Georgia	2:27.60
12 Taylor Simmons	FR	Alabama-Hunt	2:30.22
13 Adela Belohlavova	SO	West Georgia	2:33.26
14 Lillian Welter	SO	West Georgia	2:34.30
15 Jodie Shusta	FR	Christian Br	2:36.59
16 Ama Ahovi	FR	West Georgia	2:37.39

Women 1 Mile Run

2-alley start; 2-turn stagger

GSC Indoor R: 5:07.01 M 2/24/2021 Toni Moore
CrossPlex: 4:35.62 C 3/12/2016 Kaela Edwards

Name	Yr	School	Finals
Finals			
1 Celine Ritter	SR	Lee (Tenn.)	4:45.72M 10
2 Toni Moore	SR	Lee (Tenn.)	4:56.08M 8
3 Jazmin Hernandez	JR	Mississippi	4:59.40M 6
4 Aria Hawkins	FR	Lee (Tenn.)	5:00.63M 5
5 Lily Hare	FR	Lee (Tenn.)	5:02.83M 4
6 Caroline Ursprung	JR	Alabama-Hunt	5:08.56 3
7 Claudia Dassow	SO	Alabama-Hunt	5:16.37 2
8 Ava Dickerson	SO	Mississippi	5:16.58 1
9 Amber Fisher	FR	Montevallo	5:18.52
10 Caroline Hendon	FR	Montevallo	5:21.63
11 Courtney Keeler	SO	Montevallo	5:23.23
12 Lauren Wallace	FR	Mississippi	5:28.02
13 Elizabeth Beckham	SO	Lee (Tenn.)	5:29.90
14 Abby Weist	FR	Alabama-Hunt	5:32.69
15 Ally Forbes	FR	Christian Br	5:38.34
16 Adela Belohlavova	SO	West Georgia	5:40.99
17 Sonia Chavelas	FR	Christian Br	5:48.56
18 April Jacobson	FR	Shorter	5:49.40
19 Ginny McCracken	FR	Shorter	6:57.88

Women 3000 Meter Run

GSC Indoor R: 9:53.20 M 2/24/2021 Chloe Flora
CrossPlex: 8:57.86 C 3/12/2016 Molly Seidel

Name	Yr	School	Finals
Finals			
1 Celine Ritter	SR	Lee (Tenn.)	10:01.59 10
2 Toni Moore	SR	Lee (Tenn.)	10:05.97 8
3 Danielle Horter	FR	Lee (Tenn.)	10:14.12 6
4 Kathy Hammond	SO	Mississippi	10:18.53 5
5 Olivia McLain	SO	Lee (Tenn.)	10:23.93 4
6 Caroline Ursprung	JR	Alabama-Hunt	10:24.31 3
7 Madeline Campbell	SR	Mississippi	10:25.88 2

8 Emily Berry	SO	Mississippi	10:27.38 1
9 Johanna Wistokat	JR	Christian Br	10:27.95
10 Emily McMurry	SO	Alabama-Hunt	10:33.50
11 Katie Krueger	FR	Lee (Tenn.)	10:43.04
12 Norma Gutierrez	FR	Mississippi	10:43.26
13 Amber Fisher	FR	Montevallo	10:51.05
14 Caroline Hendon	FR	Montevallo	10:54.75
15 Tatiana Padgett	JR	Alabama-Hunt	10:54.75
16 Natalie Warner	FR	Montevallo	10:56.87
17 Courtney Keeler	SO	Montevallo	10:58.89
18 Quarles Alexa	SR	West Georgia	11:01.59
19 Amelia Brady	FR	Alabama-Hunt	11:01.89
20 Coley Branum	SO	West Georgia	11:17.26
21 Kendal Sparks	SO	West Georgia	11:44.97
22 Stephanie Beltran	FR	West Georgia	12:15.28

Women 5000 Meter Run

GSC Indoor R: 16:55.48 M 2/24/2021 Toni Moore
CrossPlex: 15:15.21 C 3/11/2016 Molly Seidel

Name	Yr	School	Finals
Finals			
1 Toni Moore	SR	Lee (Tenn.)	17:16.93 10
2 Johanna Wistokat	JR	Christian Br	17:40.93 8
3 Danielle Horter	FR	Lee (Tenn.)	17:59.49 6
4 Olivia McLain	SO	Lee (Tenn.)	18:00.14 5
5 Madeline Campbell	SR	Mississippi	18:15.87 4
6 Emily McMurry	SO	Alabama-Hunt	18:31.52 3
7 Elizabeth Beckham	SO	Lee (Tenn.)	18:35.60 2
8 Claudia Dassow	SO	Alabama-Hunt	18:39.03 1
9 Elizabeth Heckman	FR	Lee (Tenn.)	18:50.50
10 Josie Whipp	FR	Mississippi	18:52.80
11 Amelia Brady	FR	Alabama-Hunt	19:04.25
12 Tatiana Padgett	JR	Alabama-Hunt	19:09.04
13 Ana Watters	FR	Montevallo	19:17.13
14 Camilla Chambers	FR	Mississippi	19:58.94

Women 60 Meter Hurdles

Top 2 in Heat + Next 4 on Time advance to Finals

GSC Indoor R: 8.66 M 2/19/2020 Chelsea Walker
CrossPlex: 7.89 C 3/12/2016 Cindy Ofili

Name	Yr	School	Prelims
Preliminaries			
1 Hannah Wright	FR	Lee (Tenn.)	8.82Q
2 Tytavia Hardy	JR	Mississippi	8.86Q
3 Ronni Vanzandt	SO	Alabama-Hunt	9.16Q
4 Brooke Long	JR	Lee (Tenn.)	9.21Q
5 Camielle Milledge	SO	Shorter	9.23q
6 Liezl Theron	FR	Lee (Tenn.)	9.28q
7 Chioma Uwaomah	FR	West Georgia	9.36q
8 Kylie Carroll	FR	Montevallo	9.54q
9 Ameah Richardson	FR	West Georgia	9.60
10 Kyah Crook	FR	Montevallo	9.95
11 Maniyah Thomas	SR	West Georgia	10.55
12 Madlyn Mayo	FR	Lee (Tenn.)	10.68
13 Kiffin Brun	FR	Montevallo	10.98
--- Sydney Goode	FR	Montevallo	DNF

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Women 60 Meter Hurdles

Top 2 in Heat + Next 4 on Time advance to Finals

GSC Indoor R: 8.66 M 2/19/2020 Chelsea Walker

CrossPlex: 7.89 C 3/12/2016 Cindy Ofili

Name	Yr	School	Finals
Finals			
1 Tytavia Hardy	JR	Mississippi	8.60M 10
2 Hannah Wright	FR	Lee (Tenn.)	8.63M 8
3 Ronni Vanzandt	SO	Alabama-Hunt	9.09 6
4 Brooke Long	JR	Lee (Tenn.)	9.16 5
5 Camielle Milledge	SO	Shorter	9.20 4
6 Liezl Theron	FR	Lee (Tenn.)	9.34 3
7 Kylie Carroll	FR	Montevallo	9.35 2
8 Chioma Uwaomah	FR	West Georgia	9.43 1

Women 4x400 Meter Relay

GSC Indoor R: 3:54.93 M 2/19/2020 Lee (Tenn.)

M Beeler, K Blevins, J Allison, A Littlejohn

CrossPlex: 3:28.27 C 3/12/2016 Texas

C Gordan, A Jones, M Akinosun, C Okolo

Team	Relay	Finals
Finals		
1 Lee (Tenn.)		3:53.30M 10
1) Janay Ryan FR	2) Kristen Blevins JR	
3) Carissa Hall FR	4) Mikayla Beeler SR	
2 Mississippi College		3:57.62 8
1) Kelechi Christian FR	2) Emma Langley SO	
3) Leslie Baxter SO	4) Ereyonna Gore SO	
3 Alabama-Huntsville		3:58.36 6
1) Nikki Mata JR	2) Zakiria Holifield SO	
3) Erin Cannon JR	4) Ronni Vanzandt SO	
4 Christian Bros.		3:58.69 5
1) Kendall King FR	2) Talia Pfiefer FR	
3) Pauline Wilson FR	4) Oriana Gee FR	
5 West Georgia		4:03.62 4
1) Mia Culpepper SO	2) Paishence Collier JR	
3) Shamiya Perry FR	4) Meghan Daniels JR	
6 Shorter		4:08.17 3
1) Camielle Milledge SO	2) Nia Harris SO	
3) Madison Rose FR	4) Treneice Grimes FR	

Women Distance Medley

GSC Indoor R: 12:25.61 M 2/18/2020 Lee (Tenn.)

O McLain, J Whitaker, M Beeler, C Ritter

CrossPlex: 10:53.43 C 3/11/2019 Oregon

A Gehrich M Dunmore, S Ejore J Hull

Team	Relay	Finals
Finals		
1 Lee (Tenn.)		12:05.64M 10
1) Liza Kellerman SO	2) Mikayla Beeler SR	
3) Lily Hare FR	4) Aria Hawkins FR	
2 Mississippi College		12:15.54M 8
1) Emily Berry SO	2) Ereyonna Gore SO	
3) Leslie Baxter SO	4) Kathy Hammond SO	

3 Alabama-Huntsville		12:56.56 6
1) Amelia Brady FR	2) Nikki Mata JR	
3) Erin Cannon JR	4) Caroline Ursprung JR	
4 West Georgia		13:02.86 5
1) Adela Belohlavova SO	2) Amani Achampong FR	
3) Joycelyn Tifera FR	4) Alexa Quarles SR	
5 Christian Bros.		13:39.61 4
1) Ally Forbes FR	2) Pauline Wilson FR	
3) Jodie Shusta FR	4) Sonia Chavelas FR	
6 Montevallo		14:25.00 3
1) Olivia Blackmon FR	2) Abby Snyder FR	
3) Bailey Lansdown FR	4) Reagan Oliver FR	
--- Shorter		DNF
1) April Jacobson FR	2) Nia Harris SO	
3) Camielle Milledge SO	4) Ginny McCracken FR	

Women High Jump

Prog: 1.35-1.40-1.45-1.50-.55-1.60-1.63-1.66-1.69

GSC Indoor R: 1.66m M 2/24/2021 Nadia Davila

CrossPlex: 1.92m C 1/16/2016 Chaunte Lowe

Name	Yr	School	Finals
Finals			
1 Liezl Theron	FR	Lee (Tenn.)	1.63m 10
2 Tytavia Hardy	JR	Mississippi	1.63m 8
3 Camielle Milledge	SO	Shorter	1.60m 6
4 Zauren Burton	FR	Montevallo	1.50m 5
5 Devon Jackett	FR	Lee (Tenn.)	1.50m 3.5
5 Adrianna Burage	FR	Mississippi	1.50m 3.5
7 Kiffin Brun	FR	Montevallo	1.45m 2
8 Ronni Vanzandt	SO	Alabama-Hunt	1.45m 1
9 Sydney White	FR	Lee (Tenn.)	1.45m
10 Haley Trammell	FR	West Georgia	1.40m
11 Alyssa Perez	FR	Montevallo	1.40m
11 Ryleigh Borbash	SO	Mississippi	1.40m
13 Lauren Hamm	JR	Alabama-Hunt	1.40m
14 Trinity Ritchie	FR	Christian Br	1.35m

Women Pole Vault

Prog: 2.60-2.75-2.90-3.05-3.20-3.35-3.50-3.60-3.70

GSC Indoor R: 3.55m M 2/24/2021 Ann Hampton

CrossPlex: 4.63m C 3/12/2016 Alexis Weeks

Name	Yr	School	Finals
Finals			
1 Skylar Suggitt	FR	Montevallo	3.50m 10
2 Lauren Hamm	JR	Alabama-Hunt	3.35m 7
2 Eme Baldwin	SR	Alabama-Hunt	3.35m 7
4 Jaycey Bowling	FR	Montevallo	3.05m 4.5
4 Morgan Aldridge	SR	Alabama-Hunt	3.05m 4.5
6 Brooklyn Kierbow	FR	West Georgia	3.05m 3
7 Hallie Grace Williamson	FR	Montevallo	3.05m 2
8 Marina Rizk	JR	Mississippi	2.90m 1
9 Emika Miyamoto	JR	Alabama-Hunt	2.90m
10 Taylor Walker	FR	Montevallo	2.75m
11 Ansley Reynolds	JR	Mississippi	2.60m

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Women Long Jump

Top Nine to Finals

GSC Indoor R: 5.41m M 2/24/2021 Tytavia Hardy
CrossPlex: 6.80m C 3/11/2016 Quanesha Burks

Name	Yr	School	Finals
Finals			
1 Oriana Gee	FR	Christian Br	5.68mM 10
2 Tytavia Hardy	JR	Mississippi	5.54mM 8
3 Paishence Collier	JR	West Georgia	5.49mM 6
4 Carissa Hall	FR	Lee (Tenn.)	5.37m 5
5 Dasani Minter	FR	West Georgia	5.33m 4
6 Mia Culpepper	SO	West Georgia	5.32m 3
7 Kylie Carroll	FR	Montevallo	5.28m 2
8 Meghan Daniels	JR	West Georgia	5.20m 1
9 Brooke Long	JR	Lee (Tenn.)	5.19m
10 Jordan Bailey	FR	Alabama-Hunt	5.14m
11 Amira Doss	FR	Christian Br	5.05m
12 Ronni Vanzandt	SO	Alabama-Hunt	5.03m
13 Sydney Goode	FR	Montevallo	4.93m
14 Lexi Walton	FR	West Georgia	4.91m
15 Kyah Crook	FR	Montevallo	4.83m

Women Triple Jump

Top Nine to Finals

GSC Indoor R: 12.07m M 2/24/2021 Tytavia Hardy
CrossPlex: 14.12m C 3/12/2016 Keturah Orji

Name	Yr	School	Finals
Finals			
1 Tytavia Hardy	JR	Mississippi	11.90m 10
2 Carissa Hall	FR	Lee (Tenn.)	11.56m 8
3 Haley Trammell	FR	West Georgia	11.50m 6
4 Mia Culpepper	SO	West Georgia	11.38m 5
5 Jordan Bailey	FR	Alabama-Hunt	11.28m 4
6 Kendall King	FR	Christian Br	11.01m 3
7 Brooke Long	JR	Lee (Tenn.)	10.57m 2
8 Meghan Daniels	JR	West Georgia	10.42m 1
9 Leila Ransonet	FR	Christian Br	10.31m
10 Amira Doss	FR	Christian Br	10.25m
11 Shamiya Perry	FR	West Georgia	9.97m
--- Alyssa Perez	FR	Montevallo	FOUL
--- Kiffin Brun	FR	Montevallo	FOUL

Women Shot Put

Top Nine to Finals

GSC Indoor R: 13.44m M 2/18/2020 Brandi Boddy
CrossPlex: 18.56m C 1/23/2016 Raven Saunders

Name	Yr	School	Finals
Finals			
1 Brandi Boddy	SR	West Georgia	13.68mM 10
2 Shakira Ardister	JR	Shorter	13.46mM 8
3 Deborah Rubin	JR	Lee (Tenn.)	13.00m 6
4 Melita-Marie Roachford	JR	West Georgia	12.08m 5
5 Essence Tornabene	JR	Christian Br	11.86m 4
6 Jovita Dave	JR	Shorter	11.79m 3
7 Nyla Shipman	FR	Montevallo	11.73m 2

8 Kiara Vance	JR	Mississippi	11.60m 1
9 Nicole Richards	FR	West Georgia	10.74m
10 Shelby Sellers	SO	Montevallo	10.43m
11 Kylie Carroll	FR	Montevallo	10.10m
12 Sakari Faulkner	FR	Mississippi	10.02m
13 Bailey Weible	JR	Alabama-Hunt	10.00m
14 Grace Puckett	FR	Christian Br	9.99m
15 Austyn Durham	FR	Lee (Tenn.)	9.56m
16 Hannah Gant	SO	Alabama-Hunt	9.46m
17 Beth Taylor	FR	West Georgia	8.93m
18 Kensley Wooten	FR	Shorter	8.79m
19 Kailani Serapion	JR	West Georgia	8.65m
20 Katie Long	SO	Alabama-Hunt	8.52m

Women Weight Throw

Top Nine to Finals

GSC Indoor R: 17.16m M 2/24/2021 Deborah Rubin
CrossPlex: 24.46m C 3/9/2019 Sade Olatoye

Name	Yr	School	Finals
Finals			
1 Essence Tornabene	JR	Christian Br	16.61m 10
2 Brandi Boddy	SR	West Georgia	16.57m 8
3 Nyla Shipman	FR	Montevallo	16.52m 6
4 Deborah Rubin	JR	Lee (Tenn.)	16.42m 5
5 Melita-Marie Roachford	JR	West Georgia	15.81m 4
6 Shakira Ardister	JR	Shorter	15.40m 3
7 Kiara Vance	JR	Mississippi	15.21m 2
8 Hannah Gant	SO	Alabama-Hunt	15.01m 1
9 Austyn Durham	FR	Lee (Tenn.)	14.67m
10 Jovita Dave	JR	Shorter	12.71m
11 Bailey Weible	JR	Alabama-Hunt	11.82m
12 Sakari Faulkner	FR	Mississippi	11.68m
13 Beth Taylor	FR	West Georgia	10.14m
14 Nicole Richards	FR	West Georgia	9.59m
15 Shelby Sellers	SO	Montevallo	9.21m
16 Kensley Wooten	FR	Shorter	8.34m
17 Victoria Myles	FR	Mississippi	5.70m

Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon

GSC Indoor R: 2:31.19 M 2/18/2020 Jordan Allison
CrossPlex: 2:12.41 C 3/12/2016 Amalie Iuel

Name	Yr	School	Finals
Finals			
1 Liezl Theron	FR	Lee (Tenn.)	2:28.50M 712
2 Brooke Long	JR	Lee (Tenn.)	2:30.69M 684
3 Ronni Vanzandt	SO	Alabama-Hunt	2:31.03M 680
4 Sydney White	FR	Lee (Tenn.)	2:43.47 534
5 Lexi Walton	FR	West Georgia	2:51.39 449

Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon

GSC Indoor R: 8.84 M 2/18/2020 Nadia Davila
CrossPlex: 8.09 C 3/12/2016 Kendall Williams

Name	Yr	School	Finals
Finals			
1 Ronni Vanzandt	SO	Alabama-Hunt	9.04 902
2 Brooke Long	JR	Lee (Tenn.)	9.09 891

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Finals ... (Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon)

Name	Yr	School	Finals
3 Liezl Theron	FR	Lee (Tenn.)	9.25 858
4 Lexi Walton	FR	West Georgia	9.53 802
5 Sydney White	FR	Lee (Tenn.)	10.13 688

Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon

GSC Indoor R: 1.61m M 2/18/2020 Nadia Davila
CrossPlex: 1.98m C 3/12/2016 Akela Jones

Name	Yr	School	Finals
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Finals

1 Liezl Theron	FR	Lee (Tenn.)	1.63mM 771
2 Brooke Long	JR	Lee (Tenn.)	1.48m 599
3 Sydney White	FR	Lee (Tenn.)	1.45m 566
4 Ronni Vanzandt	SO	Alabama-Hunt	1.42m 534
5 Lexi Walton	FR	West Georgia	1.33m 439

Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon

GSC Indoor R: 5.34m M 2/18/2020 Jordan Allison
CrossPlex: 6.80m C 3/12/2016 Akela Jones

Name	Yr	School	Finals
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Finals

1 Liezl Theron	FR	Lee (Tenn.)	5.41mM 674
2 Brooke Long	JR	Lee (Tenn.)	5.30m 643
3 Ronni Vanzandt	SO	Alabama-Hunt	5.23m 623
4 Lexi Walton	FR	West Georgia	4.99m 557
5 Sydney White	FR	Lee (Tenn.)	4.53m 436

Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon

GSC Indoor R: 9.53m M 2/18/2020 Nadia Davila
CrossPlex: 13.59m C 3/12/2016 Akela Jones

Name	Yr	School	Finals
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Finals

1 Liezl Theron	FR	Lee (Tenn.)	10.03mM 531
2 Sydney White	FR	Lee (Tenn.)	9.62mM 505
3 Ronni Vanzandt	SO	Alabama-Hunt	9.56mM 501
4 Brooke Long	JR	Lee (Tenn.)	9.43m 492
5 Lexi Walton	FR	West Georgia	6.87m 327

Women Indoor Pentathlon

GSC Indoor R: 3387 M 2/18/2020 Jordan Allison
CrossPlex: 4703 C 3/11/2016 Kendall Williams

Name	Yr	School	Finals
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Finals

1 Liezl Theron	FR	Lee (Tenn.)	3546M 10
2 Brooke Long	JR	Lee (Tenn.)	3309 8
3 Ronni Vanzandt	SO	Alabama-Hunt	3240 6
4 Sydney White	FR	Lee (Tenn.)	2729 5
5 Lexi Walton	FR	West Georgia	2574 4

Men 60 Meter Dash

Top 2 in Heat + Next 4 on Time advance to Finals

GSC Indoor R: 6.86 M 2/24/2021 Kevin Turner
CrossPlex: 6.47 C 3/12/2016 Ronnie Baker

Name	Yr	School	Prelims
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Preliminaries

1 Michael Gizzi	FR	Alabama-Hunt	M 6.82Q
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2 Kevin Turner	JR	Shorter	6.90Q
3 Shemar Patten	FR	Mississippi	6.88Q
4 Fabio Palmieri	SO	Mississippi	6.94Q
5 Trentavious Harris	SR	Shorter	6.94q
6 Elijah Williams	JR	Shorter	6.94q
7 Nokia Masengu	FR	Lee (Tenn.)	7.05q
8 Nathan Grolleau	SR	Christian Br	7.08q
9 Kaleb Fleming	FR	Montevallo	7.10
10 Kyah Plummer	SO	Shorter	7.13
11 Ephraim Rolingson	FR	Alabama-Hunt	7.21
12 Avry Zow	FR	Montevallo	7.40
13 James Sparks	FR	Shorter	7.55
--- Silusapho Dingiswayo	FR	Lee (Tenn.)	FS

Men 60 Meter Dash

Top 2 in Heat + Next 4 on Time advance to Finals

GSC Indoor R: 6.86 M 2/24/2021 Kevin Turner
CrossPlex: 6.47 C 3/12/2016 Ronnie Baker

Name	Yr	School	Finals
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Finals

1 Michael Gizzi	FR	Alabama-Hunt	6.77M 10
2 Shemar Patten	FR	Mississippi	6.84M 8
3 Kevin Turner	JR	Shorter	6.89 6
4 Trentavious Harris	SR	Shorter	6.98 5
5 Nokia Masengu	FR	Lee (Tenn.)	7.02 4
6 Fabio Palmieri	SO	Mississippi	7.03 3
7 Nathan Grolleau	SR	Christian Br	7.14 2
8 Elijah Williams	JR	Shorter	7.15 1

Men 200 Meter Dash

Heat Winner + Next 3 on Time advance to Finals

Two Heat Final

GSC Indoor R: 21.71 M 2/19/2020 Rakeem Wilson
CrossPlex: 20.34 C 3/8/2019 Divine Oduduru

Name	Yr	School	Prelims
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Preliminaries

1 Fabio Palmieri	SO	Mississippi	M 21.53Q
2 Silusapho Dingiswayo	FR	Lee (Tenn.)	21.74Q
3 Jeremiah McCain	JR	Lee (Tenn.)	21.86Q
4 Marc Crespi	FR	Christian Br	22.01Q
5 Kevin Turner	JR	Shorter	22.18Q
6 Michael Gizzi	FR	Alabama-Hunt	21.85q
7 Elijah Williams	JR	Shorter	22.06q
8 Trentavious Harris	SR	Shorter	22.19q
9 Nokia Masengu	FR	Lee (Tenn.)	22.26
10 Robert Grames	SO	Mississippi	22.33
11 Nathan Grolleau	SR	Christian Br	22.33
12 Wilson McClain	SO	Alabama-Hunt	22.35
13 Grayson Russell	FR	Alabama-Hunt	22.55
14 Jaylen Jones	SR	Christian Br	22.78
15 Octavious Buchanan	JR	Shorter	23.08
16 Ephraim Rolingson	FR	Alabama-Hunt	23.30
17 Avry Zow	FR	Montevallo	23.56
18 Kaleb Fleming	FR	Montevallo	23.56
--- Jeremiah Sims	FR	Shorter	FS

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Men 200 Meter Dash

Heat Winner + Next 3 on Time advance to Finals

Two Heat Final

GSC Indoor R: 21.71 M 2/19/2020 Rakeem Wilson
CrossPlex: 20.34 C 3/8/2019 Divine Oduduru

Name	Yr	School	Finals
Finals			
1 Michael Gizzi	FR	Alabama-Hunt	21.49M 10
2 Fabio Palmieri	SO	Mississippi	21.59M 8
3 Silusapho Dingiswayo	FR	Lee (Tenn.)	21.85 6
4 Marc Crespi	FR	Christian Br	21.90 5
5 Trentavious Harris	SR	Shorter	22.21 4
6 Kevin Turner	JR	Shorter	22.26 3
7 Elijah Williams	JR	Shorter	22.51 2
8 Jeremiah McCain	JR	Lee (Tenn.)	22.72 1

Men 400 Meter Dash

Final on Time

GSC Indoor R: 49.50 M 2/19/2020 Rakeem Wilson
CrossPlex: 44.82 C 3/9/2019 Tyrell Richard

Name	Yr	School	Finals
Finals			
1 Fabio Palmieri	SO	Mississippi	48.19M 10
2 Jeremiah McCain	JR	Lee (Tenn.)	48.21M 8
3 Marc Crespi	FR	Christian Br	48.84M 6
4 Wynand Du Toit	SR	Lee (Tenn.)	49.41M 5
5 Gabe Hodson	FR	Mississippi	49.49M 4
6 Will McBride	JR	Montevallo	49.56 3
7 Andreas Demetriades	FR	Christian Br	49.57 2
8 Connor Stewart	SO	Mississippi	49.80 1
9 Robert Grames	SO	Mississippi	49.96
10 Nokia Masengu	FR	Lee (Tenn.)	49.99
11 Amare Biggers	FR	Christian Br	50.27
12 Jeremiah Dervis	SO	Alabama-Hunt	50.44
13 Grayson Russell	FR	Alabama-Hunt	50.68
14 Dantavious Thomas	FR	Alabama-Hunt	50.80
15 Erin Blount	FR	Shorter	51.17
16 J'Brelin Cook	FR	Montevallo	51.26
17 Jaylen Jones	SR	Christian Br	51.31
18 Timothy McCloud	SR	Alabama-Hunt	51.52
19 Octavious Buchannan	JR	Shorter	51.81
20 Julian Fore	FR	Montevallo	51.82
21 Colin Chirwacho	FR	Alabama-Hunt	51.88

Men 800 Meter Run

2-alley start; 2-turn stagger

GSC Indoor R: 1:53.89 M 2/19/2020 Leopold Stefanski
CrossPlex: 1:46.46 C 3/9/2019 Bryce Hoppel

Name	Yr	School	Finals
Finals			
1 Wesley Gibbs	FR	Mississippi	1:53.23M 10
2 Titus Lagat	SO	Lee (Tenn.)	1:53.24M 8
3 Jake Russell	SR	Mississippi	1:53.75M 6
4 Christian Balcer	FR	Mississippi	1:54.59 5
5 Juan De La Rosa	FR	Christian Br	1:55.41 4

6 Hunter Kurz	JR	Mississippi	1:55.58 3
7 Preston Speed	FR	Mississippi	1:55.60 2
8 Nathan Knox	FR	Alabama-Hunt	1:55.81 1
9 Jack Elliott	SO	Alabama-Hunt	1:55.98
10 Aaron Himes	FR	Lee (Tenn.)	1:56.22
11 Allan Anderson	SO	Alabama-Hunt	1:56.79
12 Jacob Hatcher	SO	Lee (Tenn.)	1:56.85
13 Drew Kilgore	JR	Montevallo	1:56.93
14 Jacob Cofield	FR	Montevallo	1:58.46
15 Denzel Bell	JR	Shorter	1:58.75
16 Jacob Kachadorian	SO	Alabama-Hunt	1:58.82
17 Chaney Holder	JR	Montevallo	1:59.12
18 Alex Ponce	SO	Alabama-Hunt	1:59.40
19 Nate Aupied	FR	Christian Br	2:00.16
20 Hayden Judge	FR	Lee (Tenn.)	2:00.34
21 Caleb Guthery	FR	Lee (Tenn.)	2:02.52
22 Joshua Jackson	SR	Montevallo	2:04.27

Men 1 Mile Run

2-alley start; 2-turn stagger;

GSC Indoor R: 4:10.52 M 2/24/2021 Evan Del Rio
CrossPlex: 3:57.50 C 1/31/2021 Marco Aprop

Name	Yr	School	Finals
Finals			
1 Christian Noble	SR	Lee (Tenn.)	4:04.98M 10
2 Hunter Kurz	JR	Mississippi	4:06.18M 8
3 Joseph Leventry	JR	Montevallo	4:08.77M 6
4 Jacob Bishop	SR	Alabama-Hunt	4:09.08M 5
5 Jay Day	SR	Alabama-Hunt	4:09.54M 4
6 Hayden Judge	FR	Lee (Tenn.)	4:10.67 3
7 Brock Kelly	FR	Mississippi	4:11.19 2
8 Aaron Himes	FR	Lee (Tenn.)	4:13.69 1
9 Carson Bix	JR	Lee (Tenn.)	4:14.28
10 Christian Balcer	FR	Mississippi	4:16.66
11 Adan Rodriguez	JR	Lee (Tenn.)	4:16.97
12 Gabe Henneberger	FR	Alabama-Hunt	4:18.22
13 Anton Lindberg	FR	Christian Br	4:18.76
14 Will Thompson	FR	Alabama-Hunt	4:19.40
15 Joseph Pitard	SO	Montevallo	4:20.13
16 Hollis Johnson	FR	Mississippi	4:22.05
17 Will Anglea	FR	Alabama-Hunt	4:29.26
18 Owen Marquardt	FR	Montevallo	4:33.57

Men 3000 Meter Run

GSC Indoor R: 8:30.79 M 2/18/2020 Christian Noble
CrossPlex: 7:51.46 C 1/31/2021 Christian Noble

Name	Yr	School	Finals
Finals			
1 Christian Noble	SR	Lee (Tenn.)	8:16.02M 10
2 Carson Bix	JR	Lee (Tenn.)	8:17.70M 8
3 Cole Benoit	SO	Mississippi	8:17.72M 6
4 Jay Day	SR	Alabama-Hunt	8:19.02M 5
5 Will Stone	SO	Lee (Tenn.)	8:19.67M 4
6 Gabe Poulin	JR	Mississippi	8:24.08M 3
7 Harold LaCroix	SR	Alabama-Hunt	8:25.11M 2
8 Sam Wilhelm	FR	Alabama-Hunt	8:25.41M 1

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Finals ... (Men 3000 Meter Run)

Name	Yr	School	Finals
9 Alex Herbst	SR	Alabama-Hunt	8:27.08M
10 Berket Mesele	SO	Christian Br	8:29.22M
11 Casey Guthery	JR	Lee (Tenn.)	8:31.53
12 Joseph Leventry	JR	Montevallo	8:31.82
13 Braedon Methvin	FR	Mississippi	8:41.05
14 Jacob Bishop	SR	Alabama-Hunt	8:43.27
15 Silas Eckenroad	SO	Lee (Tenn.)	8:46.39
16 Chris Webber	JR	Mississippi	9:05.71
17 Bill Archer	FR	Montevallo	9:07.11
18 Keegan Rafferty	FR	Montevallo	9:13.95
19 Will Clayton	SO	Christian Br	9:18.26
--- Anton Lindberg	FR	Christian Br	DNF

Men 5000 Meter Run

GSC Indoor R: 14:36.05 M 2/24/2021 **Gabe Poulin**
CrossPlex: 13:37.39 C 1/24/2021 **Christian Noble**

Name	Yr	School	Finals
1 Christian Noble	SR	Lee (Tenn.)	14:37.29 10
2 Christian Balcer	FR	Mississippi	14:38.80 8
3 Gabe Poulin	JR	Mississippi	14:39.09 6
4 Carson Bix	JR	Lee (Tenn.)	14:40.91 5
5 Harold LaCroix	SR	Alabama-Hunt	14:46.48 4
6 Sam Wilhelm	FR	Alabama-Hunt	14:47.76 3
7 Will Stone	SO	Lee (Tenn.)	14:47.96 2
8 Alex Herbst	SR	Alabama-Hunt	14:51.79 1
9 Berket Mesele	SO	Christian Br	14:57.88
10 Hunter Kurz	JR	Mississippi	14:59.45
11 Caleb Eagleson	SR	Lee (Tenn.)	15:02.79
12 Joseph Pitard	SO	Montevallo	15:08.98
13 Casey Guthery	JR	Lee (Tenn.)	15:16.60
14 Braedon Methvin	FR	Mississippi	15:28.05
15 Taylor Nails	FR	Alabama-Hunt	15:34.68
16 Chris Webber	JR	Mississippi	15:38.46
17 Brayden Gonzalez	JR	Montevallo	15:50.10
18 Drew Roberts	FR	Montevallo	15:54.42
19 Peyton Bailey	FR	Alabama-Hunt	16:00.57
20 Anderson Gray	JR	Montevallo	16:17.98
21 Owen Marquardt	FR	Montevallo	16:22.40

Men 60 Meter Hurdles

Top 2 in Heat + Next 4 on Time advance to Finals

GSC Indoor R: 8.09 M 2/19/2020 **Wilson McClain**
CrossPlex: 7.35 C 3/9/2019 **Grant Holloway**

Name	Yr	School	Prelims
1 Wilson McClain	SO	Alabama-Hunt	M 7.96Q
2 Jeremiah McCain	JR	Lee (Tenn.)	8.14Q
3 Shemar Patten	FR	Mississippi	8.15Q
4 Jeremiah Sims	FR	Shorter	8.30Q
5 Baker Schell	FR	Alabama-Hunt	8.52q
6 Stacen Cunningham	JR	Lee (Tenn.)	8.55q
7 Joseph Heinz	FR	Christian Br	8.83q
8 Caleb Long	SO	Lee (Tenn.)	8.83q

9 Thomas Jordan	SR	Alabama-Hunt	8.95
10 Trey McFarland	FR	Alabama-Hunt	9.02
11 Demetrious Naugher	FR	Alabama-Hunt	9.05
12 Aleister Self	FR	Montevallo	9.38
13 David Vick	FR	Montevallo	9.48
14 Ryan Janson	SR	Montevallo	9.90
15 Nate Boleware	SO	Montevallo	10.46
16 Micah Flores	SO	Montevallo	20.26

Men 60 Meter Hurdles

Top 2 in Heat + Next 4 on Time advance to Finals

GSC Indoor R: 8.09 M 2/19/2020 **Wilson McClain**
CrossPlex: 7.35 C 3/9/2019 **Grant Holloway**

Name	Yr	School	Finals
1 Wilson McClain	SO	Alabama-Hunt	7.90M 10
2 Shemar Patten	FR	Mississippi	8.14 8
3 Jeremiah Sims	FR	Shorter	8.21 6
4 Caleb Long	SO	Lee (Tenn.)	8.70 5
5 Stacen Cunningham	JR	Lee (Tenn.)	8.71 4
6 Jeremiah McCain	JR	Lee (Tenn.)	8.89 3
7 Joseph Heinz	FR	Christian Br	9.04 2
8 Baker Schell	FR	Alabama-Hunt	9.60 1

Men 4x400 Meter Relay

GSC Indoor R: 3:20.02 M 2/19/2020 **Christian Bros.**

A Gay, J Jones, P Teruel, L Stefanski

CrossPlex: 3:04.28 C 3/12/2016 **LSU**

C Grayson, L Bruton, M Cherry, F Dunkley

Team	Relay	Finals
1 Mississippi College		3:16.95M 10
1) Robert Grames SO	2) Gabe Hodson FR	
3) Jake Russell SR	4) Wesley Gibbs FR	
2 Lee (Tenn.)		3:18.46M 8
1) Stacen Cunningham JR	2) Nokia Masengu FR	
3) Titus Lagat SO	4) Jeremiah McCain JR	
3 Christian Bros.		3:18.92M 6
1) Andreas Demetriades FR	2) Amare Biggers FR	
3) Nathan Grolleau SR	4) Juan De La Rosa FR	
4 Montevallo		3:21.82 5
1) J'Brelin Cook FR	2) Will McBride JR	
3) Julian Fore FR	4) David Vick FR	
5 Alabama-Huntsville		3:23.95 4
1) Grayson Russell FR	2) Dantavious Thomas FR	
3) Jeremiah Dervis SO	4) Wilson McClain SO	
6 Shorter		3:27.96 3
1) Denzel Bell JR	2) Erin Blount FR	
3) Octavious Buchanan JR	4) Kevin Turner JR	

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Men Distance Medley

GSC Indoor R: 10:11.19 M 2/18/2020 Lee (Tenn.)
J Herzog, J McCain, E Sandifer, C Noble
CrossPlex: 9:27.27 C 3/11/2016 Oregon
M Maton, B Thiel, G Grosvenor, E Cheserek

Team	Relay	Finals
Finals		
1 Mississippi College		9:53.94M 10
1) Jake Russell SR	2) Gabe Hodson FR	
3) Wesley Gibbs FR	4) Cole Benoit SO	
2 Lee (Tenn.)		10:00.60M 8
1) Aaron Himes FR	2) Stacen Cunningham JR	
3) Titus Lagat SO	4) Hayden Judge FR	
3 Montevallo		10:04.86M 6
1) Drew Kilgore JR	2) Julian Fore FR	
3) Chaney Holder JR	4) Joseph Leventry JR	
4 Alabama-Huntsville		10:11.85 5
1) Caleb Boys SO	2) Dantavious Thomas FR	
3) Allan Anderson SO	4) Nathan Knox FR	
5 Christian Bros.		10:34.94 4
1) Anton Lindberg FR	2) Amare Biggers FR	
3) Nate Aupied FR	4) Will Clayton SO	

Men High Jump

Prog: 1.60-1.65-1.70-1.75-1.80-1.85-1.90-1.93-1.96
GSC Indoor R: 2.01m M 2/19/2020 Jonah Mayes
CrossPlex: 2.31m C 2/13/2018 Jamal Wilson

Name	Yr	School	Finals
Finals			
1 Freddie Hawkins	FR	Montevallo	1.96m 10
2 Gift Nkosi	SO	Lee (Tenn.)	1.96m 8
3 Cameron Clark	SR	Alabama-Hunt	1.93m 6
4 Rutger Hoekstra	FR	Christian Br	1.90m 5
5 Trey McFarland	FR	Alabama-Hunt	1.80m 4
6 Caleb Long	SO	Lee (Tenn.)	1.75m 3
7 Joshua Pruitt	JR	Montevallo	1.70m 2
8 Baker Schell	FR	Alabama-Hunt	1.70m 1
9 Javeon Isom	FR	Christian Br	1.70m
10 Isaiah Walton	FR	Montevallo	1.70m
11 Zach McMannus	JR	Mississippi	1.65m
12 Joseph Heinz	FR	Christian Br	1.65m
13 Noah Lawler	FR	Alabama-Hunt	1.60m
13 Thomas Jordan	SR	Alabama-Hunt	1.60m
--- Aldo Ramirez-Ugalde	JR	Christian Br	NH

Men Pole Vault

Prog: 3.55-3.70-3.85-4.00-4.15-4.30-4.45-4.60-4.75-4.85
GSC Indoor R: 4.75m M 2/18/2020 Garrison Hill
CrossPlex: 5.83m C 3/8/2019 Mondo Duplantis

Name	Yr	School	Finals
Finals			
1 Daniel Surman	SR	Lee (Tenn.)	4.60m 10
2 Benjamin Woolhouse	SO	Mississippi	4.60m 8
3 Garrison Hill	SR	Alabama-Hunt	4.45m 6
4 Kyle Tidwell	SR	Montevallo	4.30m 5

5 Eli Brooks	SO	Lee (Tenn.)	4.15m 3.5
5 Braxton Sanford	FR	Montevallo	4.15m 3.5
7 Caleb Long	SO	Lee (Tenn.)	4.00m 2
8 Micah Flores	SO	Montevallo	4.00m 1
9 Thomas Jordan	SR	Alabama-Hunt	3.85m
10 Randall Kramer	FR	Lee (Tenn.)	3.70m
11 Trey McFarland	FR	Alabama-Hunt	3.70m
12 Marshall Rosenhoover	JR	Alabama-Hunt	3.70m

Men Long Jump

Top Nine to Finals

GSC Indoor R: 7.20m M 2/18/2020 Dashaun Morgan
CrossPlex: 8.10m C 1/11/2014 Ngoni Makusha

Name	Yr	School	Finals
Finals			
1 Cameron Clark	SR	Alabama-Hunt	6.90m 10
2 Zach McMannus	JR	Mississippi	6.86m 8
3 Gift Nkosi	SO	Lee (Tenn.)	6.66m 6
4 Nate Boleware	SO	Montevallo	6.65m 5
5 Caleb Kariuki	SO	Montevallo	6.63m 4
6 Jeremiah Sims	FR	Shorter	6.62m 3
7 Cameron Perkins	FR	Montevallo	6.50m 2
8 Joseph Heinz	FR	Christian Br	6.45m 1
9 Thomas Jordan	SR	Alabama-Hunt	6.35m
10 Freddie Hawkins	FR	Montevallo	6.16m
11 Willie Campbell	FR	Alabama-Hunt	6.03m
12 Joshua Pruitt	JR	Montevallo	5.82m
13 Ludrick Similien	FR	Shorter	5.56m

Men Triple Jump

Top Nine to Finals

GSC Indoor R: 14.48m M 2/19/2020 Dashaun Morgan
CrossPlex: 16.89m C 3/9/2019 Jordan Scott

Name	Yr	School	Finals
Finals			
1 Caleb Kariuki	SO	Montevallo	14.24m 10
2 Willie Campbell	FR	Alabama-Hunt	13.99m 8
3 Gift Nkosi	SO	Lee (Tenn.)	13.92m 6
4 Joshua Pruitt	JR	Montevallo	13.73m 5
5 Kyah Plummer	SO	Shorter	13.59m 4
6 Cameron Clark	SR	Alabama-Hunt	13.28m 3
7 Esclavon Prewitt	SO	Montevallo	12.76m 2
8 Javeon Isom	FR	Christian Br	12.64m 1
9 Cameron Perkins	FR	Montevallo	12.50m
10 Ludrick Similien	FR	Shorter	12.11m
--- Zach McMannus	JR	Mississippi	FOUL

Men Shot Put

Top Nine to Finals

GSC Indoor R: 17.75m M 2/18/2020 Zach Hancock
CrossPlex: 21.71m C 3/8/2019 Payton Otterdahl

Name	Yr	School	Finals
Finals			
1 Zach Hancock	SR	Alabama-Hunt	17.50m 10
2 Al Ferrill	JR	Mississippi	16.01m 8
3 Stephen Tanner	SR	Alabama-Hunt	15.87m 6

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Finals ... (Men Shot Put)

Name	Yr	School	Finals
4 Alex Howard	SO	Alabama-Hunt	15.23m 5
5 Justin Bensinger	SO	Alabama-Hunt	14.66m 4
6 Eric Myrick	JR	Montevallo	14.12m 3
7 Camden Williams	FR	Lee (Tenn.)	13.26m 2
8 Evans Wright	SR	Alabama-Hunt	13.20m 1
9 Matthew Black	FR	Lee (Tenn.)	12.62m
10 Christopher Garcia-Cloud	FR	Mississippi	12.58m
11 Artell Yates	SR	Shorter	11.98m
12 Matthew Bradbury	SO	Montevallo	11.18m
13 Thomas Iorillo	FR	Shorter	11.04m
14 Derius Franklin	FR	Mississippi	10.61m
15 Lorenzo Lawrence	FR	Shorter	10.48m
16 James Sparks	FR	Shorter	9.73m

Men Weight Throw

Top Nine to Finals

GSC Indoor R: 18.80m M 2/24/2021 Zach Hancock
CrossPlex: 24.15m C 1/14/2022 Bobby Colantonio

Name	Yr	School	Finals
1 Zach Hancock	SR	Alabama-Hunt	19.12mM 10
2 Evans Wright	SR	Alabama-Hunt	17.51m 8
3 Al Ferrill	JR	Mississippi	16.99m 6
4 Matthew Black	FR	Lee (Tenn.)	15.82m 5
5 Matthew Bradbury	SO	Montevallo	15.68m 4
6 Eric Myrick	JR	Montevallo	15.38m 3
7 Justin Bensinger	SO	Alabama-Hunt	15.37m 2
8 Stephen Tanner	SR	Alabama-Hunt	15.34m 1
9 Camden Williams	FR	Lee (Tenn.)	14.85m
10 Christopher Garcia-Cloud	FR	Mississippi	13.01m
11 Derius Franklin	FR	Mississippi	12.36m
12 Artell Yates	SR	Shorter	10.74m
13 Lorenzo Lawrence	FR	Shorter	10.38m
14 Brody Lowe	FR	Alabama-Hunt	9.20m

Heptathlon: #1 Men 60 Meter Dash Heptathlon

GSC Indoor R: 7.20 M 2/18/2020 Alex Shelter
CrossPlex: 6.75 C 3/12/2016 Zach Ziemek

Name	Yr	School	Finals
1 Stacen Cunningham	JR	Lee (Tenn.)	7.08M 854
2 Nate Boleware	SO	Montevallo	7.18M 819
3 David Vick	FR	Montevallo	7.27 789
4 Thomas Jordan	SR	Alabama-Hunt	7.34 765
5 Ryan Janson	SR	Montevallo	7.35 762
6 Caleb Long	SO	Lee (Tenn.)	7.43 736
7 Daniel Surman	SR	Lee (Tenn.)	7.48 719
8 Baker Schell	FR	Alabama-Hunt	7.54 700
9 Micah Flores	SO	Montevallo	7.61 678
10 Eli Brooks	SO	Lee (Tenn.)	7.69 653
11 Trey McFarland	FR	Alabama-Hunt	7.71 646

Heptathlon: #7 Men 1000 Meter Run Heptathlon

GSC Indoor R: 2:42.28 M 2/18/2020 Marshall Rosenhoover
CrossPlex: 2:33.28 C 2/23/2018 Jake Horsch

Name	Yr	School	Finals
1 David Vick	FR	Montevallo	2:49.87 767
2 Baker Schell	FR	Alabama-Hunt	2:50.58 759
3 Daniel Surman	SR	Lee (Tenn.)	2:56.51 699
4 Micah Flores	SO	Montevallo	2:57.54 689
5 Stacen Cunningham	JR	Lee (Tenn.)	2:59.84 666
6 Ryan Janson	SR	Montevallo	3:01.11 653
7 Thomas Jordan	SR	Alabama-Hunt	3:01.28 652
8 Nate Boleware	SO	Montevallo	3:02.41 641
9 Eli Brooks	SO	Lee (Tenn.)	3:02.64 639
10 Trey McFarland	FR	Alabama-Hunt	3:08.51 583
11 Caleb Long	SO	Lee (Tenn.)	3:08.93 579

Heptathlon: #5 Men 60 Meter Hurdles Heptathlon

GSC Indoor R: 8.60 M 2/18/2020 Timothy Patterson
CrossPlex: 7.86 C 3/12/2016 Bilah Abdullah

Name	Yr	School	Finals
1 Stacen Cunningham	JR	Lee (Tenn.)	8.49M 862
2 Caleb Long	SO	Lee (Tenn.)	8.58M 841
3 Baker Schell	FR	Alabama-Hunt	8.74 804
4 Thomas Jordan	SR	Alabama-Hunt	8.79 793
5 Trey McFarland	FR	Alabama-Hunt	9.04 737
6 David Vick	FR	Montevallo	9.27 687
7 Nate Boleware	SO	Montevallo	9.75 589
8 Eli Brooks	SO	Lee (Tenn.)	10.08 526
9 Daniel Surman	SR	Lee (Tenn.)	10.10 522
10 Micah Flores	SO	Montevallo	10.41 466
11 Ryan Janson	SR	Montevallo	14.26 31

Heptathlon: #4 Men High Jump Heptathlon

GSC Indoor R: 1.89m M 2/18/2020 Caleb Long
CrossPlex: 2.13m C 3/12/2016 Garrett Scantling

Name	Yr	School	Finals
1 Trey McFarland	FR	Alabama-Hunt	1.82m 644
2 Baker Schell	FR	Alabama-Hunt	1.73m 569
2 Stacen Cunningham	JR	Lee (Tenn.)	1.73m 569
2 Nate Boleware	SO	Montevallo	1.73m 569
2 Caleb Long	SO	Lee (Tenn.)	1.73m 569
6 Thomas Jordan	SR	Alabama-Hunt	1.70m 544
6 David Vick	FR	Montevallo	1.70m 544
8 Eli Brooks	SO	Lee (Tenn.)	1.67m 520
9 Micah Flores	SO	Montevallo	1.64m 496
9 Daniel Surman	SR	Lee (Tenn.)	1.64m 496
9 Ryan Janson	SR	Montevallo	1.64m 496

Gulf South Conference Indoor T&F Championships 2022
CrossPlex, Birmingham, AL - 2/15/2022 to 2/16/2022

Results

Heptathlon: #6 Men Pole Vault Heptathlon

GSC Indoor R: 4.45m M 2/18/2020 Daniel Surman
CrossPlex: 5.40m C 3/12/2016 Zack Ziemek

Name	Yr	School	Finals
Finals			
1 Daniel Surman	SR	Lee (Tenn.)	4.50mM 760
2 Eli Brooks	SO	Lee (Tenn.)	4.30m 702
3 Caleb Long	SO	Lee (Tenn.)	4.10m 645
4 Thomas Jordan	SR	Alabama-Hunt	3.90m 590
5 Micah Flores	SO	Montevallo	3.70m 535
5 Trey McFarland	FR	Alabama-Hunt	3.70m 535
7 Nate Boleware	SO	Montevallo	3.30m 431
8 Baker Schell	FR	Alabama-Hunt	3.20m 406
9 David Vick	FR	Montevallo	2.90m 333
10 Ryan Janson	SR	Montevallo	2.70m 286
11 Stacen Cunningham	JR	Lee (Tenn.)	2.30m 199

Heptathlon: #2 Men Long Jump Heptathlon

GSC Indoor R: 6.40m M 2/18/2020 Alex Shelter
CrossPlex: 7.54m C 3/12/2016 Pau Tonnesen

Name	Yr	School	Finals
Finals			
1 Nate Boleware	SO	Montevallo	6.70mM 743
2 Thomas Jordan	SR	Alabama-Hunt	6.57mM 713
3 Caleb Long	SO	Lee (Tenn.)	6.25m 641
4 Micah Flores	SO	Montevallo	6.09m 606
5 David Vick	FR	Montevallo	6.08m 604
6 Trey McFarland	FR	Alabama-Hunt	6.04m 595
7 Daniel Surman	SR	Lee (Tenn.)	5.84m 552
8 Stacen Cunningham	JR	Lee (Tenn.)	5.75m 533
9 Eli Brooks	SO	Lee (Tenn.)	5.72m 527
10 Ryan Janson	SR	Montevallo	5.61m 504
11 Baker Schell	FR	Alabama-Hunt	5.31m 443

Heptathlon: #3 Men Shot Put Heptathlon

GSC Indoor R: 12.23m M 2/18/2020 Caleb Long
CrossPlex: 15.73m C 3/12/2016 Garrett Scantling

Name	Yr	School	Finals
Finals			
1 Trey McFarland	FR	Alabama-Hunt	11.51m 577
2 Caleb Long	SO	Lee (Tenn.)	11.26m 562
3 Baker Schell	FR	Alabama-Hunt	10.35m 507
4 Micah Flores	SO	Montevallo	9.71m 468
5 Eli Brooks	SO	Lee (Tenn.)	9.60m 462
6 Ryan Janson	SR	Montevallo	9.23m 440
7 Thomas Jordan	SR	Alabama-Hunt	9.14m 434
8 Daniel Surman	SR	Lee (Tenn.)	8.75m 411
9 Nate Boleware	SO	Montevallo	8.58m 401
10 David Vick	FR	Montevallo	8.38m 389
11 Stacen Cunningham	JR	Lee (Tenn.)	8.25m 381

Men Heptathlon

GSC Indoor R: 4470 M 2/18/2020 Caleb Long
CrossPlex: 6173 C 3/12/2016 Zach Ziemek

Name	Yr	School	Finals
Finals			
1 Caleb Long	SO	Lee (Tenn.)	4573M 10
2 Thomas Jordan	SR	Alabama-Hunt	4491M 8
3 Trey McFarland	FR	Alabama-Hunt	4317 6
4 Nate Boleware	SO	Montevallo	4193 5
5 Baker Schell	FR	Alabama-Hunt	4188 4
6 Daniel Surman	SR	Lee (Tenn.)	4159 3
7 David Vick	FR	Montevallo	4113 2
8 Stacen Cunningham	JR	Lee (Tenn.)	4064 1
9 Eli Brooks	SO	Lee (Tenn.)	4029
10 Micah Flores	SO	Montevallo	3938
11 Ryan Janson	SR	Montevallo	3172

Women - Team Rankings - 17 Events Scored

1) Lee (Tenn.)	260.5
2) Mississippi College	123.5
3) West Georgia	79
4) Alabama-Huntsville	65.5
5) Christian Bros.	57
6) Montevallo	38.5
7) Shorter	27

Men - Team Rankings - 17 Events Scored

1) Lee (Tenn.)	172.5
2) Alabama-Huntsville	169
3) Mississippi College	151
4) Montevallo	86.5
5) Christian Bros.	38
6) Shorter	37